

SEXUAL MEDICINE PROGRAM

State-of-the-Art, Confidential Healthcare



Problems with sexual health can impact all aspects of your life—from your medical condition to your intimate relationships. Yet, sexual health has only recently been recognized as an important aspect of overall health. The Sexual Medicine Program at Alvarado Hospital was one of the first in the United States to diagnosis, treat and manage sexual dysfunction through a multidisciplinary hospital-based program led by world-renowned expert Irwin Goldstein, MD.

Our confidential program provides compassionate, state-of-the-art, evidence-based clinical management of sexual health problems for men and women.

For men, the arteries of the penis are smaller than in your heart. Experiencing erectile dysfunction (ED) is like having a heart attack in your penis. Taking care of your ED may literally save your life.

For women, your sexual dysfunction also may cause mood swings, muscle weakness and even osteoporosis. Diagnosing and treating your sexual dysfunction may ultimately lead to better bone density and muscle mass.

You may experience sexual health problems if you:

- Have cardiovascular disease
- Have diabetes
- Smoke
- Ride bicycles
- Are peri- or post-menopausal

- Have low testosterone or DHEA
- Experience erectile dysfunction
- Have used oral/patch contraceptives
- Have been treated for infertility/endometriosis/painful menstruation
- Take anti-depressants or have anxiety
- Had prostate/bladder/breast cancer
- Have given birth
- Have had a hysterectomy

Our sexual medicine experts—which include specialists from gynecology, neurology, oncology, psychiatry, sexual therapy, and rehabilitation medicine—means you are being cared for by a team of professionals with special training.

Not only do we handle common sexual problem diagnoses and treatments, but we specialize in complex sexual dysfunction, including endothelial dysfunction, reconstructive/revascularization surgery for men and women, dyspareunia (sexual pain) in women, and sexual dysfunction after cancer treatment.

Sexual health problems and dysfunction can impact your relationships and your lifestyle; treatment can improve your overall health and life.

Why not learn more about our Sexual Medicine Program by visiting our website.

Contact Us

For more information on the program and our *free* Alvarado Advantage Club, visit our website or call (800) ALVARADO (800-258-2723).